

# ILH Varsity Championships -- Finals

Friday May 9, 2008

Kamehameha School - Kapalama Campus

<b>Field Events</b>	<b>Order</b>	<b>1st Call</b>	<b>Last Call</b>	<b>Event Start</b>
<b>Discus</b>	Boys	3:10 PM	3:20 PM	3:30 PM
	Girls		Follows Boys Discus	
<b>Shot Put</b>	Girls	3:40 PM	3:50 PM	4:00 PM
	Boys		Follows Girls Shot Put	
<b>Long Jump</b>	Boys	3:40 PM	3:50 PM	4:00 PM
	Girls		Follows Boys Long Jump	
<b>Triple Jump</b>	Boys		Follows Girls Long Jump	
	Girls		Follows Boys Triple jump	
<b>High Jump</b>	Girls	3:55 PM	4:05 PM	4:15 PM
	Boys		Follows Girls High Jump	
<b>Pole Vault</b>	Girls	3:40 PM	3:50 PM	4:00 PM
	Boys		Follows Girls Pole Vault	
<b>Running Events</b>	<b>Order</b>	<b>1st Call</b>	<b>Last Call</b>	<b>Event Start</b>
<b>100m High Hurdles</b>	Girls	4:40 PM	4:55 PM	5:00 PM
<b>110m High Hurdles</b>	Boys	4:45 PM	5:00 PM	5:05 PM
<b>100m Dash</b>	Girls	4:55 PM	5:10 PM	5:15 PM
	Boys	5:00 PM	5:15 PM	5:20 PM
<b>1500m Run</b>	Girls	5:05 PM	5:20 PM	5:25 PM
	Boys	5:15 PM	5:30 PM	5:35 PM
<b>4 x 100m Relay</b>	Girls	5:20 PM	5:35 PM	5:45 PM
	Boys	5:25 PM	5:40 PM	5:50 PM
<b>400m Dash</b>	Girls	5:35 PM	5:50 PM	5:55 PM
	Boys	5:40 PM	5:55 PM	6:00 PM
<b>300m Hurdles</b>	Girls	5:45 PM	6:00 PM	6:05 PM
	Boys	5:55 PM	6:10 PM	6:15 PM
<b>800m Run</b>	Girls	6:00 PM	6:15 PM	6:20 PM
	Boys	6:10 PM	6:25 PM	6:30 PM
<b>200m Dash</b>	Girls	6:20 PM	6:35 PM	6:40 PM
	Boys	6:25 PM	6:40 PM	6:45 PM
<b>3000m run</b>	Girls	6:25 PM	6:40 PM	6:50 PM
	Boys	6:35 PM	6:50 PM	7:00 PM
<b>4 x 400m Relay</b>	Girls	6:50 PM	7:05 PM	7:15 PM
	Boys	6:55 PM	7:10 PM	7:20 PM

## Starting Heights:

Girls High Jump: Pending  
Boys High Jump: Pending

Girls Pole Vault: Pending  
Boys Pole Vault: Pending